

# RESOURCES

## Resources from Today's Presentation

The Zones of Regulation - Leah Kuypers - [www.zonesofregulation.com](http://www.zonesofregulation.com)

Social Thinking - [www.socialthinking.com](http://www.socialthinking.com)

## Additional Resources

### Websites

S'Cool Moves - [www.schoolmoves.com](http://www.schoolmoves.com)

Think Kids (Collaborative Problem Solving - CPS) - [www.thinkkids.org](http://www.thinkkids.org)

### Books

*Restorative Circles in Schools: Building Community and Enhancing Learning* by Bob Costello

*Restorative Practices Handbook for Teachers, Disciplinarians and Administrators* by Bob Costello

### Apps

Calm - Go to [www.calm.com/schools](http://www.calm.com/schools) for free full access as an educator

Candle HD

Go Noodle

Headspace: Meditation

Insight Timer

Lazy Monster

Smiling Mind